

THE NEXT 100 YEARS MENTORSHIP PROGRAM

A partnership between the Surrey RCMP Diversity & Indigenous Peoples Unit and the Surrey Safe Schools Department; this program focuses on developing healthy relationships, positive recreation, overall wellness and identity through mentorship. Inspired by the *100 Year Journey* (<http://100yearjourney.com/>) and its pages filled with pioneers' stories of adversity, hard work and honour, we wanted to inspire the next generation to seek out their own stories, past, present and future. This program aims to provide students at various stages of their education with peer-to-peer inspiration, to armour students with a strong sense of personal identity grounded in positive citizenship.

The program is currently facilitated at LA Matheson Secondary, Senator Reid Elementary & Kirkbride Elementary, Enver Creek Secondary & Green Timbers Elementary, and Tamanawis Secondary & Beaver Creek Elementary. This relationship between the secondary and elementary schools has proven to support a positive transition from one to the other and strengthen the collective responsibility of everyone involved.

Program Components

Speakers Series:

October-March. Takes place in the elementary schools. Aimed at highlighting the amazing role models and unsung heroes of our community through classroom presentations and workshops. Past speakers have included secondary teachers and administrators from the neighbouring high school, and RCMP Inspectors, Sergeants, and Constables.

Mentorship Training Series & Development Camp:

Eight Session Series & One Week of Spring Break. The aim of this is to provide students with opportunities for personal and professional development, with a focus on the skills they will need to independently and collectively facilitate workshops based on mentorship curriculum provided. Safe Schools and RCMP staff participate in all activities alongside students to nurture a safe space, model problem solving and demonstrate mentor behaviours and attitudes. Lunch and snacks are provided each day.

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Classroom Mentorship:

Twice a week at the elementary school April-May 1:00-2:30pm. Secondary school mentors facilitate workshops based on curriculum and principles learned during the trainings and camp. Each workshop will consist of a variety of exciting activities in pursuit of engaging younger students in new, fun, and healthy experiences in preparation for their transition to high school. The weeks have themes such as Inclusion, Oppression, Role Models & Ancestors, Culture & Diversity.

After-school Mentorship:

Rotating mentors facilitate an optional active after-school component from 2:30-4:00pm *twice a week April-May*. This afterschool component is intended to get students moving and expand on lessons from the classroom in an active environment. Healthy afterschool snacks are provided for all students.

Community Nights:

Twice a year. Parents and family members are invited to engage and learn from a variety of guest speakers addressing topics such as attachment, community engagement, and prevention. In response to the needs of the school communities these are currently offered in Punjabi and supplemented with English.

If you have any questions about the Next 100 Years program, please contact Mandish Saran at saran_m@surreyschools.ca



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