

FARM to SCHOOL BC

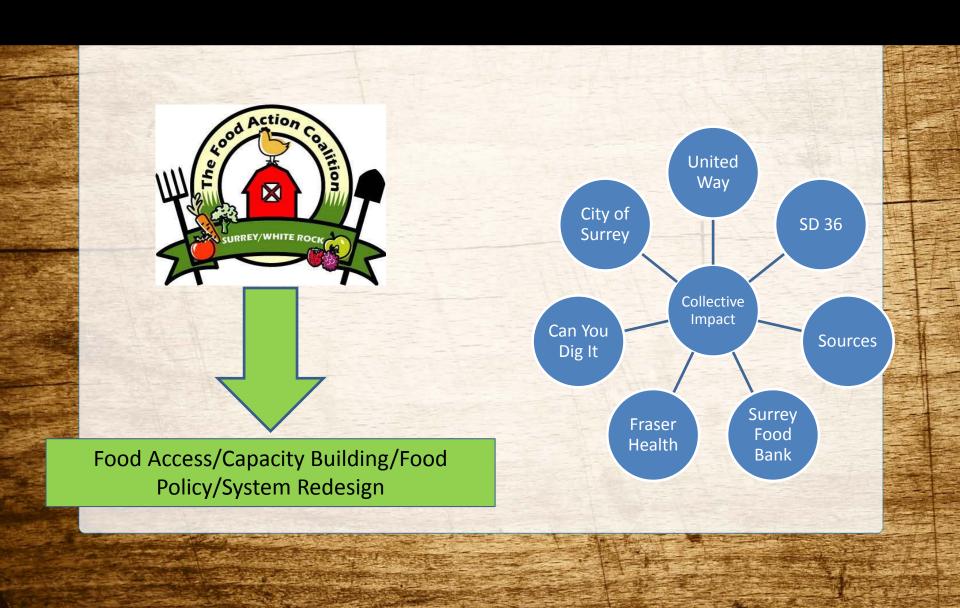
Surrey School District June 20, 2018



Better health. Best in health care.



WHO ARE WE?



WHAT IMPACT DO WE WANT TO HAVE?

AVAILABILITY

There are sufficient quantities of healthy food available on a consistent basis.



ACCESS

Distribution points for healthy food can be easily accessed by everyone in the community.



INCOME

People have sufficient resources to obtain appropriate food for a nutritious diet.



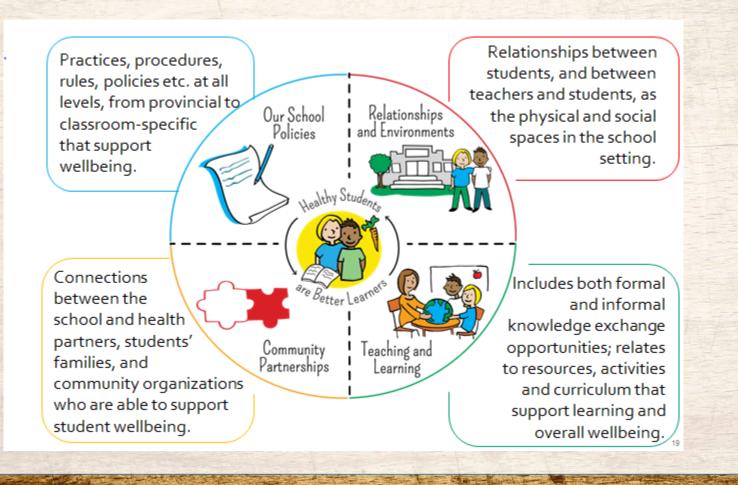
FOOD LITERACY

People are aware of how to access, prepare, grow and preserve healthy, culturally appropriate food



Photo credit: DIVERSEcity CRS

FOOD LITERACY WITHIN COMPREHENSIVE SCHOOL HEALTH



What is Farm to School BC?

- F2SBC is a FRAMEWORK built around promoting food literacy through a collective impact approach of catalyzing and convening sectors interested in achieving the same goal.
- F2SBC is a NETWORK is dedicated to supporting the development of sustainable regional food systems in BC.
- F2SBC is a PROGRAM supported by the Province of British Columbia and the Provincial Health Services Authority.







Our Reach

Established Regional Hubs

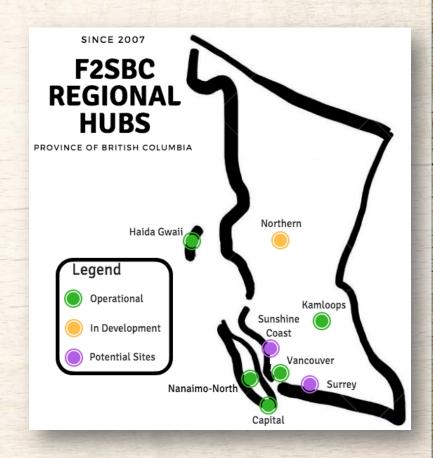
- Kamloops School District
- Greater Vancouver (VSB, North Shore, Richmond)
- Capital Region (Victoria)
- Nanaimo North (Nanaimo, Port Alberni, Tofino)

New in development:

Northern BC (Terrace or Prince George)

Seeking development:

- Surrey
- Sunshine Coast
- Kelowna



Farm to School Activities

Kids grow food!

- School Gardens
- Tower Gardens
- Microgreens

Kids cook & serve food!

- Salad Bars
- Cooking lessons
- Smoothie
- Hot Lunch Program
- Community Event/Celebration

Kids understand food:

- Compost
- Field trips





Benefits of F2SBC Program

- Increased consumption of healthy, local food
- Increased hands-on learning
- Increased food literacy skills
- Better physical, mental and social health
- Expanding school & community connectedness
- Building teacher capacity through resources and linkages to the new curriculum



Yarrow Community School Chilliwack, BC













- High Road Academy School (Chilliwack)
- Agassiz Elementary-Secondary School (Agassiz)
- Boston Bar Elementary Secondary School (Fraser Valley)
- Sardis Secondary School (Chilliwack)
- Godson Elementary School (Abbotsford)
- Alex Hope Elementary School (Langley)
- Seaquam Secondary School (Delta)

Our Interest

Establishing a Farm to School Regional Hub in Surrey

- 1. Up to 4 schools will receive \$3,500 in the school year 2018-2019
- 2. Part time Community Animator position
 - Pro-D / Workshops
 - In-Person Support
 - Liaison (connecting to community partners)
 - Leveraging additional funding opportunities





Requests

- Green Space in all new schools
- Feedback Opportunity for SD36 Garden policy
- Dedicated Time to introduce F2S to Surrey
 Teachers at a Pro-D event –Fall 2018
- 4 schools to apply for F2S grants for 2018/19

Resources

- www.farmtoschoolbc.ca
- Surrey/White Food Action Table: Deirdre Goudriaan:
 - deirdre@teamplayconsulting.com
- Fraser Health Public Health Dietitian: nadia.guirguis@fraserhealth.ca
- Fraser Health Surrey Healthy Schools PHN: tracy.wong@fraserhealth.ca